



## Presents:

### Preschoolers with Autism: An Education and Skills Program for Parents

Developed by clinicians at Monash University, this program was designed to assist parents of preschool-aged children with autism. Research has shown the program can significantly improve parental wellbeing and adjustment in the first year following the child's diagnosis.

Benefits of attending the program include:

- Meeting other families in the same situation
- Improved understanding of how each child is impacted by autism
- Understanding social and communication difficulties in autism
- Learning strategies to manage difficult behaviours
- Working and playing with the child

Maximum 5 families per group. The program runs on Saturdays, so that both parents may attend. Parents attend a 2-hour group session, and then an individual session later in the same day.

<b>Program 1 dates:</b>	Saturdays: April 17 <sup>th</sup> ; May 1 <sup>st</sup> , 15 <sup>th</sup> , 29 <sup>th</sup> ; June 12 <sup>th</sup> , 26 <sup>th</sup> <b>School holiday break</b> July 24 <sup>th</sup> ; August 7 <sup>th</sup> , 21 <sup>st</sup> ; September 4 <sup>th</sup>
<b>Program 2 dates:</b>	April 24 <sup>th</sup> , May 8 <sup>th</sup> , 22 <sup>nd</sup> , June 5 <sup>th</sup> , 19 <sup>th</sup> <b>School Holiday break</b> July 17 <sup>th</sup> , 31 <sup>st</sup> , August 14 <sup>th</sup> , 28 <sup>th</sup> , September 11 <sup>th</sup>
<b>Time:</b>	Group sessions run 9.30-11.30am on the above dates. Families will also be allocated an individual session time on the same day.
<b>At:</b>	Outside the Square Psychology. Level 1, 1368 Toorak Rd, Burwood.
<b>Cost/rebates:</b>	Each family registration enables two parents or carers to attend The cost covers 20 hours of group sessions and 10 individual sessions Each family also receives a program workbook
Families using FaHCSIA funds:	\$2140 per family (FaHCSIA pays whole cost)
Parent with a GP Mental Health care plan:	\$1980 per family (Medicare rebates \$1006.50)
Parents 'self-funding':	\$1980 per family

For a registration form, visit the events page of [www.outsidethesquarepsychology.com.au](http://www.outsidethesquarepsychology.com.au) or phone Kirsty Kerr on 0431 710 780